



RAMAKRISHNA MISSION VIDYAMANDIRA BOSE HOUSE CAMPUS

A Cultural & Educational Center

A Unit of Ramakrishna Mission Saradapitha

103, G.T. Road, P.O. – Rishra, P.S. – Rishra, District – Hooghly, Pin – 712248, West Bengal

Notice No.: 2026/VMBH/79

Date: 25/08/2026

Internship Programme

সকল প্রশিক্ষণার্থীর অবগতির জন্য জানানো যাচ্ছে যে, Ramakrishna Mission Vidyamandira Bose House Campus-এর উদ্যোগে Ramakrishna Mission Seva Pratishthan-এ Psychological Studies এর প্রশিক্ষণার্থীদের জন্য একটি বিশেষ Internship Programme - এর ব্যবস্থা করা হয়েছে।

- Internship-এর মেয়াদ: ৬ দিন
- প্রতিদিনের সময়কাল: ৬ ঘণ্টা
- Internship Fee: প্রশিক্ষণার্থী-পিছু ₹৩,৫০০/-

নির্দেশিকা:

এই Internship Programme-এর ক্ষেত্রে কিছু নির্দিষ্ট নিয়ম ও নীতি প্রযোজ্য থাকবে। এই বিজ্ঞপ্তির সঙ্গে/নিচে কয়েকটি PDF ফাইল সংযুক্ত করা হয়েছে, যেখানে Internship Programme সংক্রান্ত যাবতীয় নিয়ম, নির্দেশিকা ও প্রয়োজনীয় তথ্য বিস্তারিতভাবে দেওয়া রয়েছে।

সকল প্রশিক্ষণার্থীকে সংযুক্ত PDF-গুলি মনোযোগ সহকারে পড়ে নেওয়ার জন্য বিশেষভাবে অনুরোধ করা হচ্ছে।

যোগাযোগ ও রেজিস্ট্রেশন:

Internship Programme-এ অংশগ্রহণের জন্য আগ্রহী প্রশিক্ষণার্থীরা নিচে দেওয়া Google Form-এর মাধ্যমে যোগাযোগ/নিবন্ধন করতে পারবেন।

প্রয়োজনে অফিসে যোগাযোগ করতে পারেন।

Office Contact: 6289905704

সকল প্রশিক্ষণার্থীকে নির্ধারিত সময়ের মধ্যে প্রয়োজনীয় তথ্য জেনে এবং নির্দেশিকাগুলি ভালোভাবে পড়ে Internship Programme-এ অংশগ্রহণের জন্য প্রয়োজনীয় পদক্ষেপ গ্রহণ করার অনুরোধ করা হচ্ছে।

Principal

SWAMI MAHAPRAJNANANDA
Principal
Ramakrishna Mission Vidyamandira
(A Residential Autonomous College)
Belur Math :: Howrah-711202


Campus In-charge

SWAMI UMAPADANANDA
Campus-in-charge
Ramakrishna Mission Vidyamandira
Bose House Campus
Rishra :: Hooghly-712248

CLINICAL INTERNSHIP LOGBOOK & EVALUATION

Student Name: _____ Course: _____

Batch Code: _____ Hospital Dept: Psychiatry OPD, RKMS

Part 1: Attendance & Activity Log

To be filled by the student and initialed by the Supervisor/Resident at the end of each day.

Day	Date	Hours	Key Observations/Tasks	Supervisor Initial
1		6	Orientation, MSE, History Taking basics.	
2		6	Observation of Mood & Anxiety Disorders.	
3		6	Psychopharmacology & Therapeutic Rapport.	
4		6	Crisis Intervention & Risk Assessment.	
5		6	Ward Rounds / Group Dynamics / Art Therapy.	
6		6	Final Case Presentation & Exit Viva.	

Part 2: Clinical Competency Evaluation

To be completed by Dr. Uday Chaudhury or the Lead Clinical Supervisor at the end of 36 hours.

Rating Scale: 1 = Poor | 2 = Satisfactory | 3 = Good | 4 = Very Good | 5 = Excellent

Competency Area	Rating (1-5)	Remarks
Punctuality & Discipline		
Empathy & Patient Interaction		
Clinical Observation Skills		
Understanding of Mental Health Ethics		
Quality of Case Presentation/Notes		

Total Score: ____ / 25



Part 3: Supervisor's Final Remarks

- **Overall Assessment:**
 - ☐ Successfully Completed
 - ☐ Incomplete / Unsatisfactory
- **Specific Comments:**

Signature of Senior Psychiatrist: _____

Date: _____

Seal of RKMSP Psychiatry Dept:

Part 4: Student Reflective Summary (Brief)

To be filled by the student upon completion.

What was the most significant clinical insight you gained during these 36 hours?



To ensure each of the seven certificate courses benefits from the clinical setting, the 36-hour curriculum is structured into six modules (6 hours each). While all students attend the OPD together, their clinical focus shifts according to their specific course requirements.

36-Hour Structured Internship Curriculum

Venue: RKMSMSP Psychiatry OPD / Ward

Schedule: 1 Day/Week (09:00 AM – 03:00 PM)

Module 1: Clinical Orientation & Intake (6 Hours)

- 09:00 – 10:00: Induction by Dr. Uday Chaudhury: Hospital ethics, patient dignity, and the role of an intern.
- 10:00 – 12:30: OPD Observation: Focused on the "Art of the Interview." Observing how a psychiatrist builds rapport.
- 12:30 – 01:30: Lunch Break.
- 01:30 – 03:00: Skill Workshop: Practicing the Mental Status Examination (MSE) format and taking "shadow" case histories.
- **Course Focus:** Foundation in Mental Health (2) & Applied Techniques (5).

Module 2: Psychopathology & Symptomatology (6 Hours)

- 09:00 – 12:00: OPD Observation: Identifying symptoms of Neurotic (Anxiety, OCD) vs. Psychotic (Schizophrenia) disorders.
- 12:00 – 01:00: Discussion on the "Biological Basis of Personality" and how illness alters behavior.
- 01:00 – 03:00: Case Deconstruction: Reviewing 2-3 anonymized files to understand diagnosis patterns.
- **Course Focus:** The Art of Personality (3) & Foundation in Mental Health (2).

Module 3: Counseling in a Clinical Setting (6 Hours)

- 09:00 – 11:30: Observation: Watching the transition from medical diagnosis to counseling referrals.
- 11:30 – 01:00: Supervised Interaction: Students observe follow-up patients to see the progress of therapy (CBT/REBT).
- 01:30 – 03:00: Seminar: Dr. Chaudhury on "The Limits of Counseling"—when to refer for medication.
- **Course Focus:** Guideline for Student Counselling (1) & Applied Techniques (5).

Module 4: Crisis Intervention & Suicide Prevention (6 Hours)



- 09:00 – 12:00: OPD/Emergency Observation: Identifying "Red Flags" in patients with Depression or Self-harm ideation.
- 12:00 – 01:00: The Triage Protocol: Learning how the hospital manages a patient in active crisis.
- 01:30 – 03:00: Role Play/Discussion: Applying "Gatekeeper" techniques to real-world scenarios observed during the morning.
- **Course Focus:** Gatekeeper Training Course for Suicide Prevention (4).

Module 5: Holistic & Art-Based Approaches (6 Hours)

- 09:00 – 11:30: Ward Rounds: Observing chronic patients in the inpatient ward (if applicable) or long-term OPD cases.
- 11:30 – 01:00: Observation of Non-Verbal Cues: How Art Therapy and Positive Psychology can be used as adjuncts to medicine.
- 01:30 – 03:00: Workshop: Integrating "Strength-based" questions into patient history taking.
- **Course Focus:** Art Based Therapy (6) & Positive Psychology for Wellbeing (7).

Module 6: Case Presentation & Evaluation (6 Hours)

- 09:00 – 11:00: Final OPD Observation: Selecting a specific case for the final report.
- 11:00 – 01:00: Student Presentations: Each student presents a 5-minute summary of a case they observed (using pseudonyms).
- 01:30 – 02:30: Exit Viva: Group discussion with Dr. Uday Chaudhury on "Lessons from the Field."
- 02:30 – 03:00: Feedback collection and Logbook signing.

Course-Specific Learning Matrix

Course	Students must submit a report on:
Student Counselling	School-age vs. College-age stress markers observed in OPD.
Mental Health Foundation	Comparison between two different psychiatric diagnoses.
Art of Personality	How temperament and character influence recovery.
Suicide Prevention	Risk assessment protocol for a depressed patient.
Applied Techniques	The use of 'Socratic Questioning' in clinical talk therapy.
Art Based Therapy	Opportunities where Art could have helped a non-verbal patient.
Positive Psychology	Identifying "Protective Factors" in a patient's family environment.



STUDENT INTERNSHIP HANDBOOK: CLINICAL PATHWAYS

A Joint Initiative of RKM Vidyamandira (Rishra) & RKM Seva Pratishthan (Kolkata)

Introduction

Welcome to your clinical internship. This 36-hour program is designed to move you from the classroom to the "Living Lab" of the Psychiatry OPD. Under the guidance of Dr. Uday Chaudhury, you will witness the intersection of medical science and human psychology.

The 36-Hour Modular Journey

The curriculum is divided into six stages, each building upon the last:

Phase 1: The Clinical Lens (Hours 1–12)

- **Focus:** Understanding the Clinical Environment.
- **Action:** You will learn to observe without intruding. You will master the Mental Status Examination (MSE)—the standard tool used to assess a patient's current state of mind, including appearance, speech, mood, and thought process.

Phase 2: Diagnostic Deep Dive (Hours 13–24)

- **Focus:** Identifying Pathologies & Crises.
- **Action:** You will observe the symptoms of various disorders. For those in the Suicide Prevention track, this is where you learn to hear what is not being said during a crisis assessment.

Phase 3: The Therapeutic Bridge (Hours 25–36)

- **Focus:** Interventions & Evaluation.
- **Action:** You will see how doctors and counselors collaborate. You will conclude by presenting a Case Study, demonstrating your ability to synthesize theory with the real-time observations you've made.

Core Competencies You Will Develop

- **Clinical Listening:** Learning to filter a patient's narrative into relevant clinical data.
- **Professional Boundaries:** Understanding the "Distance" required to remain helpful without becoming emotionally overwhelmed.
- **Ethical Documentation:** Maintaining records that are scientifically accurate but protect patient anonymity.



Mandatory Ethics (The "Three No's")

- **No Identification:** Never use a patient's real name in your notes or discussions.
- **No Advice:** As an intern, you are there to learn, not to prescribe or provide independent therapy.
- **No Recording:** Photography and audio recording are strictly prohibited to protect patient sanctity.

Final Checklist for Students

- ☐ Signed NDA submitted to the coordinator.
- ☐ Internship Logbook (Physical Copy) ready.
- ☐ Formal Attire & Institutional ID Card.
- ☐ Note-taking materials (Notebook/Pen).



This Student Confidentiality and Non-Disclosure Agreement (NDA) is a critical legal and ethical document. In a psychiatric setting, protecting patient privacy is not just a policy but a legal requirement under the Mental Healthcare Act, 2017. Every student must sign this prior to their first hour at RKMSp.

STUDENT CONFIDENTIALITY & ETHICAL CONDUCT AGREEMENT

Hospital: Ramakrishna Mission Seva Pratishthan (RKMSp), Kolkata

Partner Institution: Ramakrishna Mission Vidyamandira, Rishra

Supervising Psychiatrist: Dr. Uday Chaudhury

1. DECLARATION OF CONFIDENTIALITY

I, [Student Name], son/daughter/ward of [Parent/Guardian Name], currently enrolled in the certificate course [Name of Course], understand that in the course of my internship at RKMSp, I will have access to sensitive personal, medical, and psychological information regarding patients.

I hereby agree to the following:

- **Identity Protection:** I will never reveal the names, addresses, or any identifying characteristics of patients I observe in the OPD or wards to anyone outside the clinical team.
- **Discussion Limits:** I will only discuss patient cases for academic purposes within the designated supervision sessions with Dr. Uday Chaudhury or the authorized faculty.
- **Digital Privacy:** I will not take photographs, videos, or audio recordings of patients, medical files, or hospital prescriptions under any circumstances.
- **Social media:** I am strictly prohibited from posting any information, anecdotes, or images related to my clinical experience at RKMSp on social media platforms (WhatsApp, Facebook, Instagram, etc.).

2. PROFESSIONAL CONDUCT

- I will maintain a non-judgmental and empathetic attitude toward all patients.
- I understand that I am a passive observer. I will not offer medical advice, suggest changes in medication, or provide independent counseling to patients during this internship.
- I will adhere to the dress code and discipline guidelines set by RKMSp.



3. DATA SECURITY

- Any notes I take for my reflective journal or case studies will use pseudonyms (e.g., "Patient X") and will not contain real names or registration numbers.
- I will not remove any official hospital records, files, or patient documents from the hospital premises.

4. CONSEQUENCES OF BREACH

I understand that any breach of this agreement, whether intentional or accidental, will result in:

- Immediate termination of my internship.
- Withholding of my internship certificate.
- Disciplinary action by Ramakrishna Mission Vidyamandira.
- Potential legal action under the prevailing laws of India regarding patient privacy.

ACKNOWLEDGMENT AND SIGNATURE

I have read and understood the terms of this agreement and agree to abide by them in the spirit of service and professional ethics.

Student's Signature: _____

Full Name (In Block Letters): _____

Roll Number/ID: _____

Date: _____

Witnessed By:

(Signature of Faculty Coordinator, RKM Vidyamandira)



Course-Specific Learning Objectives (All 7 Certificates)

Use/adjust as needed per course. These are *internship* objectives, not full-course objectives.

1. Guideline for the Student Counselling (Certificate 1)

- Understand basic principles of student counselling in clinical settings.
- Observe how psychiatrists explore academic stress, family dynamics, and adjustment issues.
- Recognize appropriate referral points from educational counselling to psychiatric evaluation.

2. Foundation in Mental Health (Certificate 2)

- Identify common mental health conditions (e.g., depression, anxiety, substance use, psychosis) in OPD.
- Describe components of a basic psychiatric history and mental status examination.
- Appreciate the role of multi-disciplinary care (psychiatry, psychology, social work).

3. The Art of Personality – A Holistic Journey (Certificate 3)

- Observe different personality patterns and how they affect interpersonal functioning.
- Relate personality concepts (e.g., traits, coping styles) to real-world clinical presentations.
- Reflect on one's own attitudes and biases when interacting with individuals with mental illness.

4. Gatekeeper Training Course for Suicide Prevention (Certificate 4)

- Recognize verbal and non-verbal warning signs of suicide risk in clinical encounters.
- Understand the basic steps of suicide risk assessment and immediate safety planning by clinicians.
- Learn appropriate gatekeeper responses (listening, not judging, urgent referral pathways).

5. Applied Techniques of Counselling and Psychotherapy (Certificate 5)

- Observe demonstrations of core counselling skills (empathic listening, clarification, summarizing).
- Identify basic frameworks (CBT, supportive therapy, psychoeducation) as used in OPD.
- Understand boundaries, supervision, and self-care in therapeutic work.



6. Art-Based Therapy for Mental Wellbeing (Certificate 6)

- Observe how creative modalities (drawing, music, narrative exercises) complement standard care.
- Understand indications and limitations of art-based approaches in mental health.
- Reflect on ethical aspects of working with personal expressions and artwork.

7. Positive Psychology for Wellbeing (Certificate 7)

- Recognize strengths-based language and interventions (gratitude, hope, resilience) used by clinicians.
- Understand the role of positive psychology in recovery, relapse prevention, and lifestyle modification.
- Develop ability to formulate simple, strengths-based reflections in logbook entries.



Internship Programme-এ অংশগ্রহণের জন্য আগ্রহী
প্রশিক্ষার্থীরা নিচে দেওয়া Google Form-এর মাধ্যমে
যোগাযোগ/নিবন্ধন করতে পারবেন:

<https://forms.gle/RFD54mY9VVEwGPjc9>

